

Fort Ord Trail Run

Aid Station Information

50K (Start 8:00 AM)					
AS Distances	Distance to Next AS	Total Distance	4 Hours	6 Hours	10 Hours
Start to Sandstone Ridge	4.8	4.8	8:35 AM	8:55 AM	9:30 AM
Sandstone Ridge to Sandstone Ridge	3.6	8.4	9:05 AM	9:35 AM	10:40 AM
Sandstone Ridge to Skyline	3.8	12.2	9:35 AM	10:20 AM	11:55 AM
Skyline to Creekside	5.8	18.0	10:20 AM	11:30 AM	1:45 PM
Creekside to Toro	6.6	24.6	11:10 AM	12:45 PM	3:55 PM
Toro to Finish	6.4	31.0	12:00 PM	2:00 PM	6:00 PM
Total Mileage		31.0			

25K (Start 8:00 AM)				
AS Distances	Distance to Next AS	Total Distance	Leader	5 Hours
Start to Skyline	4.5	4.5	8:27 AM	9:30 AM
Skyline to Toro	4.5	9.0	8:55 AM	10:55 AM
Toro to Finish	6.4	15.4	9:35 AM	1:00 PM
Total Mileage		15.4		

10K (Start 8:30 AM)		
AS Distances	Distance to Next AS	Total Distance
Start to Skyline	3.2	3.2
Skyline to Finish	3.1	6.4
Total Mileage		6.4

Denotes cutoff