

Fort Ord Trail Run

Aid Station Information

50K (Start 8:00 AM)				
AS Distances	Distance to Next AS	Total Distance	Leader	8.5 Hours
Start to Sandstone Ridge	4.8	4.8	8:35 AM	9:20 AM
Sandstone Ridge to Sandstone Ridge	3.6	8.4	9:00 AM	10:10 AM
Sandstone Ridge to Skyline	3.8	12.2	9:30 AM	11:32 AM
Skyline to Creekside	5.8	18.0	10:10 AM	1:00 PM
Creekside to Toro	6.6	24.6	11:00 AM	2:50 PM
Toro to Finish	6.4	30.8	11:45 AM	4:30 PM
Total Mileage		30.8		

25K (Start 8:00 AM)		
AS Distances	Distance to Next AS	Total Distance
Start to Skyline	4.5	4.5
Skyline to Toro	4.5	9.0
Toro to Finish	6.4	15.4
Total Mileage		15.4

10K (Start 8:30 AM)		
AS Distances	Distance to Next AS	Total Distance
Start to Skyline	3.2	3.2
Skyline to Finish	3.1	6.4
Total Mileage		6.4