

Marin Ultra Challenge - 50 Mile Aid Station Distances & Cutoffs

50 MILE						
AS Distances	Next AS	Total Distance	Leader	14.5 Hours	Drop Bags	Restrooms
Start to Rodeo Valley	4.3	4.3	6:30 AM	7:15 AM	No	No
Rodeo Valley to Tennessee Valley	5.5	9.8	7:20 AM	8:45 AM	Yes	Yes
Tennessee Valley to Muir Beach	4.2	14.0	7:55 AM	10:00 AM	No	Yes
Muir Beach to Cardiac Hill	5.1	19.1	8:40 AM	11:30 AM	Yes	Yes
Cardiac Hill to Willow Camp	3.4	22.5	9:05 AM	12:25 PM	No	No
Willow Camp to Cardiac Hill	5.9	28.4	9:55 AM	2:10 PM	Yes	Yes
Cardiac Hill to Deer Park	6.6	35.0	10:50 AM	4:00 PM	No	No
Deer Park to Muir Beach	5.0	40.0	11:30 AM	5:30 PM	No	Yes
Muir Beach to Tennessee Valley	4.6	44.6	12:15 PM	6:50 PM	Yes	Yes
Tennessee Valley to Finish	5.7	50.3	1:00 PM	8:30 PM		
Total Mileage		50.3 MILES				



Denotes firm cutoff