

Marin Ultra Challenge - 50 Mile Aid Station Distances & Cutoffs

50 MILE						
AS Distances	Next AS	Total Distance	Leader	14.5 Hours	Drop Bags	Restrooms
Start to Conzelman	5.8	5.8	6:45 AM	7:40 AM	No	Yes
Conzelman to Tennessee Valley	4.7	10.5	7:20 AM	9:00 AM	Yes	Yes
Tennessee Valley to Muir Beach	4.2	14.7	7:55 AM	10:15 AM	No	Yes
Muir Beach to Cardiac Hill	5.1	19.8	8:35 AM	11:45 AM	Yes	Yes
Cardiac Hill to Willow Camp	3.6	23.4	9:05 AM	12:45 PM	No	No
Willow Camp to Cardiac Hill	5.9	29.3	9:55 AM	2:30 PM	Yes	Yes
Cardiac Hill to Deer Park	6.6	35.9	10:45 AM	4:25 PM	No	No
Deer Park to Muir Beach	4.9	40.8	11:25 AM	5:50 PM	No	Yes
Muir Beach to Tennessee Valley	5.0	45.8	12:05 PM	7:15 PM	Yes	Yes
Tennessee Valley to Finish	4.2	50.0	12:40 PM	8:30 PM		
Total Mileage		50 MILES				

Denotes firm cutoff