

**Rodeo Valley Trail Run  
Turn by Turn Directions**

8K = Yellow Loop (4.8 Miles)

Half Marathon = Green > Pink Loop (13.3 Miles)

30K = Pink Out > Orange > Pink Return (18.8 Miles)

50K = 30K > Pink Loop (30.8 Miles)

Direction	Color	Course	Segment	Total
<b>Yellow Loop</b>				
		Start: Rodeo Beach Picnic Area		
Head East	Yellow	Lagoon Trail	0.5	0.5
Continue Straight	Yellow	Lagoon Trail	0.3	0.8
Veer Left	Yellow	Miwok Trail	0.5	1.3
Turn Left	Yellow	Miwok Trail	1.1	2.4
Turn Left	Yellow	Wolf Ridge Trail	0.8	3.2
Turn Left	Yellow	Coastal Trail	0.4	3.6
Zig Left/Zag Right	Yellow	Coastal Trail	0.2	3.8
Zig Left/Zag Right	Yellow	Coastal Trail Road	0.3	4.1
Turn Right	Yellow	Coastal Trail	0.4	4.5
Turn Right	Yellow	Coastal Trail Road	0.2	4.7
Continue Straight	Yellow	Lagoon Trail	0.1	4.8
Turn Left	Yellow	Rodeo Beach Picnic Area	0.1	4.9
		Start: Rodeo Beach Picnic Area		
			<b>Miles: 4.8</b>	

Direction	Color	Course	Segment	Total
<b>Half Marathon</b>				
		Start: Rodeo Beach Picnic Area		
Head West	Green	Coastal Trail Road	0.1	0.1
Continue Straight	Green	Coastal Trail Road	0.1	0.2
Turn Left	Green	Coastal Trail	0.2	0.4
Turn Left	Green	Coastal Trail Road	0.4	0.8
Stay Right	Green	Coastal Trail	0.9	1.7
Continue Straight	Green	Bunker Road	0.2	1.9
Veer Left	Pink	Bunker Road	0.3	2.2
Veer Left	Pink	Miwok Trail	0.5	2.7
Stay Right	Pink	Bobcat Trail	0.1	2.8
Turn Right	Pink	Rodeo Valley Trail	0.2	3.0
Turn Right	Pink	Rodeo Valley Connector	0.1	3.1
Turn Left	Pink	Smith Road	0.0	3.1
Turn Left	Pink	Bunker Road	0.1	3.2
Turn Right	Pink	Coastal Trail	1.6	4.8
Veer Left	Pink	Coastal Trail (at Conzelman Aid Station)	0.1	4.9
Continue Straight	Pink	Coastal Trail	0.5	5.4
Stay Straight	Pink	SCA Trail	1.1	6.5
Zig Right / Zag Left	Pink	Alta Trail	0.7	7.2
Zig Left / Zag Right	Pink	Bobcat Trail	0.7	7.9
Stay Right	Pink	Marincello Trail	1.4	9.3
Run along gravel road	Pink	Tennessee Valley Staging Area	0.1	9.4
Turn Right	Pink	Tennessee Valley Road	1.0	10.4
Turn Right	Pink	Lower Tennessee Valley Trail	0.2	10.6
Turn Right	Pink	Coastal Trail	1.2	11.8
Turn Left	Pink	Coastal Trail	0.2	12.0
Zig Left/Zag Right	Pink	Coastal Trail	0.1	12.1
Zig Left/Zag Right	Pink	Coastal Trail Road	0.4	12.5
Turn Right	Pink	Coastal Trail	0.4	12.9
Turn Right	Pink	Coastal Trail Road	0.2	13.1
Continue Straight	Pink	Lagoon Trail	0.1	13.2
Turn Left	Pink	Rodeo Beach Picnic Area	0.1	13.3
		Finish: Rodeo Beach Picnic Area		
			<b>Miles: 13.3</b>	

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50K = 30K > Pink Loop (30.8 Miles)

Direction	Color	Course	Segment	Total
<b>30K</b>				
		Start: Rodeo Beach Picnic Area		
Head East	Pink	Lagoon Trail	0.5	0.5
Continue Straight	Pink	Lagoon Trail	0.3	0.8
Veer Left	Pink	Miwok Trail	0.5	1.3
Stay Right	Pink	Bobcat Trail	0.1	1.4
Turn Right	Pink	Rodeo Valley Trail	0.2	1.6
Turn Right	Pink	Rodeo Valley Connector	0.1	1.7
Turn Left	Pink	Smith Road	0.0	1.7
Turn Left	Pink	Bunker Road	0.1	1.8
Turn Right	Pink	Coastal Trail	1.6	3.4
Veer Left	Pink	Coastal Trail (at Conzelman Aid Station)	0.1	3.5
Continue Straight	Pink	Coastal Trail	0.5	4.0
Stay Straight	Pink	SCA Trail	1.1	5.1
Zig Right / Zag Left	Pink	Alta Trail	0.7	5.8
Zig Left / Zag Right	Pink	Bobcat Trail	0.7	6.5
Stay Right	Pink	Marincello Trail	1.4	7.9
Turn Right	Pink	Tennessee Valley Staging Area	0.1	8.0
Zig Right/Zag Left	Orange	Miwok Trail	0.1	8.1
Turn Left	Orange	Miwok Cutoff	1.6	9.7
Turn Left	Orange	Coyote Ridge	0.8	10.5
Go Straight	Orange	Coastal Fire Road	0.9	11.4
Turn Left	Orange	Coastal/Pirates Cove	1.4	12.8
Go Straight	Orange	Coastal Trail	0.7	13.5
Veer Left	Orange	Tennessee Valley Road	1.2	14.7
Turn Right	Pink	Tennessee Valley Staging Area	0.1	14.8
Continue Straight	Pink	Tennessee Valley Road	1.0	15.8
Veer Left	Pink	Lower Tennessee Valley Trail	0.2	16.0
Turn Left	Pink	Coastal Trail	1.2	17.2
Turn Right	Pink	Coastal Trail	0.2	17.4
Turn Left	Pink	Coastal Trail	0.1	17.5
Stay Left	Pink	Coastal Trail	0.4	17.9
Turn Right	Pink	Coastal Trail	0.4	18.3
Turn Right	Pink	Coastal Trail Road	0.2	18.5
Continue Straight	Pink	Lagoon Trail	0.1	18.6
Turn Left	Pink	Rodeo Beach Picnic Area	0.1	18.7
		Finish: Rodeo Beach Picnic Area		
			<b>Miles: 18.7</b>	

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50K = 30K > Pink Loop (30.8 Miles)

Direction	Color	Course	Segment	Total
<b>50K</b>				
		Start: Rodeo Beach Picnic Area		
Head East	Pink	Lagoon Trail	0.5	0.5
Continue Straight	Pink	Lagoon Trail	0.3	0.8
Veer Left	Pink	Miwok Trail	0.5	1.3
Stay Right	Pink	Bobcat Trail	0.1	1.4
Turn Right	Pink	Rodeo Valley Trail	0.2	1.6
Turn Right	Pink	Rodeo Valley Connector	0.1	1.7
Turn Left	Pink	Smith Road	0.0	1.7
Turn Left	Pink	Bunker Road	0.1	1.8
Turn Right	Pink	Coastal Trail	1.6	3.4
Veer Left	Pink	Coastal Trail (at Conzelman Aid Station)	0.1	3.5
Continue Straight	Pink	Coastal Trail	0.5	4.0
Stay Straight	Pink	SCA Trail	1.1	5.1
Zig Right / Zag Left	Pink	Alta Trail	0.7	5.8
Zig Left / Zag Right	Pink	Bobcat Trail	0.7	6.5
Stay Right	Pink	Marincello Trail	1.4	7.9
Turn Right	Pink	Tennessee Valley Staging Area	0.1	8.0
Zig Right/Zag Left	Orange	Miwok Trail	0.1	8.1
Turn Left	Orange	Miwok Cutoff	1.6	9.7
Turn Left	Orange	Coyote Ridge	0.8	10.5
Go Straight	Orange	Coastal Fire Road	0.9	11.4
Turn Left	Orange	Coastal/Pirates Cove	1.4	12.8
Go Straight	Orange	Coastal Trail	0.7	13.5
Veer Left	Orange	Tennessee Valley Road	1.2	14.7
Turn Right	Pink	Tennessee Valley Staging Area	0.1	14.8
Stay Right	Pink	Tennessee Valley Staging Area	0.1	14.9
Continue Straight	Pink	Tennessee Valley Road	1.0	15.9
Veer Left	Pink	Lower Tennessee Valley Trail	0.2	16.1
Turn Left	Pink	Coastal Trail	1.2	17.3
Turn Right	Pink	Coastal Trail	0.2	17.5
Stay Left	Pink	Coastal Trail	0.1	17.6
Stay Left	Pink	Coastal Trail Road	0.4	18.0
Turn Right	Pink	Coastal Trail	0.4	18.4
Turn Right	Pink	Coastal Trail Road	0.2	18.6
Continue Straight	Pink	Mitchell Road	0.1	18.7
Turn Left	Pink	Lagoon Trail	0.1	18.8
Continue Straight	Pink	Lagoon Trail	0.5	19.3
Veer Left	Pink	Lagoon Trail	0.3	19.6
Veer Left	Pink	Miwok Trail	0.5	20.1
Stay Right	Pink	Bobcat Trail	0.1	20.2
Turn Right	Pink	Rodeo Valley Trail	0.2	20.4
Turn Right	Pink	Rodeo Valley Connector	0.1	20.5
Turn Left	Pink	Smith Road	0.0	20.5
Turn Left	Pink	Bunker Road	0.1	20.6
Turn Right	Pink	Coastal Trail	1.6	22.2
Veer Left	Pink	Coastal Trail (at Conzelman Aid Station)	0.1	22.3
Continue Straight	Pink	Coastal Trail	0.5	22.8
Stay Straight	Pink	SCA Trail	1.1	23.9
Zig Right / Zag Left	Pink	Alta Trail	0.7	24.6
Zig Left / Zag Right	Pink	Bobcat Trail	0.7	25.3
Stay Right	Pink	Marincello Trail	1.4	26.7
Run along gravel road	Pink	Tennessee Valley Staging Area	0.1	26.8
Continue Straight	Pink	Tennessee Valley Road	1.0	27.8
Veer Left	Pink	Lower Tennessee Valley Trail	0.2	28.0
Turn Left	Pink	Coastal Trail	1.2	29.2
Turn Left	Pink	Coastal Trail	0.2	29.4
Stay Left	Pink	Coastal Trail	0.1	29.5
Stay Left	Pink	Coastal Trail Road	0.4	29.9
Turn Right	Pink	Coastal Trail	0.4	30.3
Turn Right	Pink	Coastal Trail Road	0.2	30.5
Continue Straight	Pink	Mitchell Road	0.1	30.6
Turn Left	Pink	Rodeo Beach Picnic Area	0.1	30.7
		Finish: Rodeo Beach Picnic Area		
			<b>Miles: 30.7</b>	