Santa Rosa Trail Run
Course Description

12K = Orange Out > Purple Return
25K = Orange Out > Yellow Return
50K = Orange

Direction		Course	Segment	Total
12K				
		Start: Spring Lake Lagoon		
Straight	**Orange**	Spring Lake Lagoon	0.2	0.0
Right	**Orange**	Right over Spring Creek	0.1	0.2
Left	**Orange**	Left onto Canyon Trail	0.7	0.3
Right	**Orange**	Turn right onto Canyon Trail	0.5	1.0
Left	**Orange**	Turn left onto Canyon Trail	1.5	1.5
	Aid Station	Canyon Aid Station		**3.0**
Straight	**Purple**	Staying on Canyon Trail	0.5	3.0
Right	**Purple**	Right to stay on Canyon Trail	0.5	3.5
Left	**Purple**	Left onto Lake Trail	0.5	4.0
	Aid Station	Rough-Go Aid Station		**4.5**
Right	**Purple**	Right onto Rough-Go Trail	0.5	4.5
Slight Left	**Purple**	Stay on Rough-go Trail	0.4	5.0
Slight Right	**Purple**	Keep left onto Rough-go Trail	1.1	5.4
Right	**Purple**	Right onto Canyon Trail	0.9	6.5
Slight Right	**Purple**	Right to Finish	0.2	7.4
		Finish: Spring Lake Lagoon		**7.6**
			Miles 7.6	

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Direction		Course	Segment	Total
25K				
		Start: Spring Lake Lagoon		
Straight	**Orange**	Spring Lake Lagoon	0.2	0.0
Right	**Orange**	Right over Spring Creek	0.1	0.2
Left	**Orange**	Left onto Canyon Trail	0.7	0.3
Right	**Orange**	Turn right onto Canyon Trail	0.5	1.0
Left	**Orange**	Turn left onto Canyon Trail	1.5	1.5
	Aid Station	Canyon Aid Station		**3.0**
Right	**Orange**	Turn Right onto Marsh Trail	1.4	3.0
Right	**Orange**	Turn Right onto Ridge Trail	1.8	4.4
Left	**Orange**	Turn Left staying on Ridge Trail	1.4	6.2
Left	**Yellow**	Left onto Marsh Trail	0.2	7.6
Slight Left	**Yellow**	Stay left on Marsh Trail	0.4	7.8
	Aid Station	Marsh Aid Station		**8.2**
Left	**Yellow**	Turn Left to stay on Marsh Trail	0.6	8.8
Slight Right	**Yellow**	Slight Right to stay on Marsh Trail	0.2	9.4
Right	**Yellow**	Right onto South Burma	1.5	9.6
Left	**Yellow**	Left to stay on South Burma	0.5	11.1
Left	**Yellow**	Left Turn onto Warren Richardson Trail	0.3	11.6
Straight	**Yellow**	Straight onto Lake Trail	0.3	11.9
Slight Left	**Yellow**	Stay on Lake Trail	0.2	12.2
	Aid Station	Rough-Go Aid Station		**12.4**
Right	**Yellow**	Right onto Rough-Go Trail	0.4	12.4
Slight Left	**Yellow**	Stay on Rough-go Trail	0.4	12.8
Slight Right	**Yellow**	Keep left onto Rough-go Trail	1.1	13.2
Right	**Yellow**	Right onto Canyon Trail	0.9	14.3
Slight Right	**Yellow**	Right to Finish	0.2	15.2
		Finish: Spring Lake Lagoon		**15.4**
			Miles 15.4	

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Direction		Course	Segment	Total
50K				
		Start: Spring Lake Lagoon		
Straight	**Orange**	Spring Lake Lagoon	0.2	0.0
Right	**Orange**	Right over Spring Creek	0.1	0.2
Left	**Orange**	Left onto Canyon Trail	0.7	0.3
Right	**Orange**	Turn right onto Canyon Trail	0.5	1.0
Left	**Orange**	Turn left onto Canyon Trail	1.5	1.5
	Aid Station	Canyon Aid Station		**3.0**
Right	**Orange**	Turn Right onto Marsh Trail	1.4	3.0
Right	**Orange**	Turn Right onto Ridge Trail	1.8	4.4
Left	**Orange**	Turn Left staying on Ridge Trail	1.4	6.2
Slight Right	**Orange**	Stay on Ridge Trail	0.8	7.6
Left	**Orange**	Turn Left onto Pig Flat	0.4	8.4
Right	**Orange**	Turn Right onto Marsh Trail	0.4	8.8
	Aid Station	Marsh Aid Station		**9.2**
Left	**Orange**	Turn Left staying on Marsh Trail	0.6	9.8
Right	**Orange**	Right staying on Marsh Trail	0.2	10.4
Right	**Orange**	Turn Right onto South Burma	2.0	10.6
Slight Right	**Orange**	Slight Right onto Warren Richardson Trail	0.2	12.6
Slight Left	**Orange**	Slight Left onto North Burma Trail	1.0	12.8
Right	**Orange**	Right to stay on North Burma Trail	0.6	13.8
Right	**Orange**	Right onto Channel Trail	0.7	14.4
	Aid Station	Warren Richardson Aid Station		**15.1**
Right	**Orange**	Right onto Steve's "S" Trail	0.6	15.3
Slight Left	**Orange**	Slight Left staying on Steve's "S" Trail	0.1	15.9
Straight	**Orange**	Straight onto Warren Richardson Trail	0.7	16.0
Right	**Orange**	Turn Right onto Two Quarry Trail	2.0	16.7
Left	**Orange**	Turn Left onto Marsh Trail	0.5	18.7
Right	**Orange**	Right to stay on Marsh Trail	0.0	19.2
	Aid Station	Marsh Aid Station		**19.2**
Slight Left	**Orange**	Stay on Marsh Trail	0.3	19.6
Right	**Orange**	Right onto Ridge Trail	1.4	19.9
Right	**Orange**	Right to stay on Ridge Trail	1.7	21.3
Left	**Orange**	Left onto Marsh Trail	1.4	23.0
	Aid Station	Canyon Aid Station		**24.4**
Left	**Orange**	Turn Left onton Canyon Trail	1.5	24.4
Right	**Orange**	Turn Right onto Spring Creek Trail	1.1	25.9
Right	**Orange**	Right towards Canyon Trail	0.2	27.0
Slight Left	**Orange**	Left to stay on Canyon Trail	0.5	27.2
Left	**Orange**	Left onto Lake Trail	0.5	27.7
	Aid Station	Rough-Go Aid Station		**28.2**
Right	**Orange**	Right onto Rough-Go Trail	0.4	28.2
Slight Left	**Orange**	Stay on Rough-go Trail	0.4	28.6
Slight Left	**Orange**	Keep left onto Rough-go Trail	1.1	29.0
Right	**Orange**	Right onto Canyon Trail	0.8	30.1
Right	**Orange**	Right to Finish	0.2	30.9
		Finish: Spring Lake Lagoon		**31.1**
			Miles 31.1	