

# Fort Ord Trail Run

## Aid Station Information

50K (Start 7:30 AM)					
AS Distances	Distance to Next AS	Total Distance	4 Hours	6 Hours	9 Hours
Start to Sandstone	2.4	2.4	7:48 AM	7:57 AM	8:11 AM
Sandstone to Skyline	6.0	8.4	8:34 AM	9:06 AM	9:54 AM
Skyline to Oil Well	5.0	13.4	9:12 AM	10:04 AM	11:21 AM
Oil Well to Toro Creek	5.3	18.7	9:53 AM	11:05 AM	12:45 PM
Toro Creek to Skyline	5.2	23.9	10:33 AM	12:04 PM	2:20 PM
Skyline to Sandstone	3.4	27.3	10:59 AM	12:44 PM	3:20 PM
Sandstone to Finish	4.0	31.3	11:30 AM	1:30 PM	4:30 PM
<b>Total Mileage</b>		31.3			

25K (Start 8:00 AM)				
AS Distances	Distance to Next AS	Total Distance	Leader	5 Hours
Start to Sandstone	2.4	2.4	8:15 AM	8:45 AM
Sandstone to Skyline	6.0	8.4	8:53 AM	10:40 AM
Skyline to Sandstone	3.3	11.7	9:14 AM	11:43 AM
Sandstone to Finish	4.0	15.7	9:40 AM	1:00 PM
<b>Total Mileage</b>		15.7		

10K (Start 8:30 AM)		
AS Distances	Distance to Next AS	Total Distance
Start to Sandstone	2.4	2.4
Sandstone to Finish	4.0	6.4
<b>Total Mileage</b>		6.4

Denotes cutoff

