

Rodeo Valley Trail Run
Turn by Turn Directions

8K = Yellow Loop (4.8 Miles)

Half Marathon = Purple > Pink Loop (13.3 Miles)

30K = Pink Out > Orange > Pink Return (18.8 Miles)

50K = 30K > Pink Loop (30.8 Miles)

Direction	Color	Course	Segment	Total
Yellow Loop				
		Start: Rodeo Beach Picnic Area		
Head East	Yellow	Lagoon Trail	0.5	0.5
Continue Straight	Yellow	Lagoon Trail	0.3	0.8
Veer Left	Yellow	Miwok Trail	0.5	1.3
Turn Left	Yellow	Miwok Trail	1.1	2.4
Turn Left	Yellow	Wolf Ridge Trail	0.8	3.2
Turn Left	Yellow	Coastal Trail	0.4	3.6
Zig Left/Zag Right	Yellow	Coastal Trail	0.2	3.8
Zig Left/Zag Right	Yellow	Coastal Trail Road	0.3	4.1
Turn Right	Yellow	Coastal Trail	0.4	4.5
Turn Right	Yellow	Coastal Trail Road	0.2	4.7
Continue Straight	Yellow	Lagoon Trail	0.1	4.8
Turn Left	Yellow	Rodeo Beach Picnic Area	0.1	4.9
		Start: Rodeo Beach Picnic Area		
			Miles: 4.8	

Direction	Color	Course	Next Aid	Distance
Half Marathon				
		Start: Rodeo Beach Picnic Area		
Head West	Purple	Coastal Trail Road	4.8	
Continue Straight	Purple	Coastal Trail Road		
Turn Left	Purple	Coastal Trail		
Turn Left	Purple	Coastal Trail Road		
Turn Right	Purple	Coastal Trail		
Continue Straight	Purple	Bunker Road		
Veer Left	Pink	Bunker Road		
Veer Left	Pink	Miwok Trail		
Stay Right	Pink	Bobcat Trail		
Turn Right	Pink	Rodeo Valley Trail		
Turn Right	Pink	Rodeo Valley Connector		
Turn Left	Pink	Smith Road		
Turn Left	Pink	Bunker Road		
Turn Right	Pink	Coastal Trail (Julian Trail)		
Veer Left	Pink	Coastal Trail (at Conzelman Aid Station)	4.6	4.8
Continue Straight	Pink	Coastal Trail (Slacker Trail)		
Stay Straight	Pink	SCA Trail		
Zig Right/Zag Left	Pink	Alta Trail		
Zig Left/Zag Right	Pink	Bobcat Trail		
Stay Right	Pink	Marincello Trail		
Turn Right	Pink	Tennessee Valley Staging Area	4.0	9.4
Turn Left	Pink	Tennessee Valley Road		
Veer Left	Pink	Lower Tennessee Valley Trail		
Turn Left	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail		
Turn Left	Pink	Coastal Trail		
Stay Left	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail Road		
Continue Straight	Pink	Lagoon Trail		
Turn Left	Pink	Rodeo Beach Picnic Area		
		Finish: Rodeo Beach Picnic Area		
			Miles: 13.4	

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Direction	Color	Course	Next Aid	Distance
30K				
		Start: Rodeo Beach Picnic Area		
Head East	Pink	Lagoon Trail	3.5	
Continue Straight	Pink	Lagoon Trail		
Veer Left	Pink	Miwok Trail		
Stay Right	Pink	Bobcat Trail		
Turn Right	Pink	Rodeo Valley Trail		
Turn Right	Pink	Rodeo Valley Connector		
Turn Left	Pink	Smith Road		
Turn Left	Pink	Bunker Road		
Turn Right	Pink	Coastal Trail (Julian Trail)		
Veer Left	Pink	Coastal Trail (at Conzelman Aid Station)	4.6	3.5
Continue Straight	Pink	Coastal Trail (Slacker Trail)		
Stay Straight	Pink	SCA Trail		
Zig Right/Zag Left	Pink	Alta Trail		
Zig Left/Zag Right	Pink	Bobcat Trail		
Stay Right	Pink	Marincello Trail		
Turn Right	Pink	Tennessee Valley Staging Area	6.8	8.0
Zig Right/Zag Left	Orange	Miwok Trail		
Turn Left	Orange	Miwok Cutoff		
Turn Left	Orange	Coyote Ridge		
Go Straight	Orange	Coastal Fire Road		
Turn Left	Orange	Coastal/Pirates Cove		
Go Straight	Orange	Coastal Trail		
Veer Left	Orange	Tennessee Valley Road		
Turn Around	Pink	Tennessee Valley Staging Area	4.0	14.8
Continue Straight	Pink	Tennessee Valley Road		
Veer Left	Pink	Lower Tennessee Valley Trail		
Turn Left	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail		
Turn Left	Pink	Coastal Trail		
Stay Left	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail Road		
Continue Straight	Pink	Lagoon Trail		
Turn Left	Pink	Rodeo Beach Picnic Area		
		Finish: Rodeo Beach Picnic Area		
			Miles: 18.8	

Direction	Color	Course	Segment	Total
30K				
		Start: Rodeo Beach Picnic Area		
Head East	Pink	Lagoon Trail	3.5	
Continue Straight	Pink	Lagoon Trail		
Veer Left	Pink	Miwok Trail		
Stay Right	Pink	Bobcat Trail		
Turn Right	Pink	Rodeo Valley Trail		
Turn Right	Pink	Rodeo Valley Connector		
Turn Left	Pink	Smith Road		
Turn Left	Pink	Bunker Road		
Turn Right	Pink	Coastal Trail (Julian Trail)		
Veer Left	Pink	Coastal Trail (at Conzelman Aid Station)	4.6	3.5
Continue Straight	Pink	Coastal Trail (Slacker Trail)		
Stay Straight	Pink	SCA Trail		
Zig Right/Zag Left	Pink	Alta Trail		
Zig Left/Zag Right	Pink	Bobcat Trail		
Stay Right	Pink	Marincello Trail		
Turn Right	Pink	Tennessee Valley Staging Area	6.8	8.0
Zig Right/Zag Left	Orange	Miwok Trail		
Turn Left	Orange	Miwok Cutoff		
Turn Left	Orange	Coyote Ridge		
Go Straight	Orange	Coastal Fire Road		
Turn Left	Orange	Coastal/Pirates Cove		
Go Straight	Orange	Coastal Trail		
Veer Left	Orange	Tennessee Valley Road		
Turn Around	Pink	Tennessee Valley Staging Area	4.0	14.8
Continue Straight	Pink	Tennessee Valley Road		
Veer Left	Pink	Lower Tennessee Valley Trail		
Turn Left	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail		

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Turn Left	Pink	Coastal Trail		
Stay Left	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail Road		
Continue Straight	Pink	Lagoon Trail	3.5	18.8
Continue Straight	Pink	Mitchell Road		
Veer Left	Pink	Bunker Road		
Veer Left	Pink	Miwok Trail		
Stay Right	Pink	Bobcat Trail		
Turn Right	Pink	Rodeo Valley Trail		
Turn Right	Pink	Rodeo Valley Connector		
Turn Left	Pink	Smith Road		
Turn Left	Pink	Bunker Road		
Turn Right	Pink	Coastal Trail (Julian Trail)		
Veer Left	Pink	Coastal Trail (at Conzelman Aid Station)	4.6	22.3
Continue Straight	Pink	Coastal Trail (Slacker Trail)		
Stay Straight	Pink	SCA Trail		
Zig Right/Zag Left	Pink	Alta Trail		
Zig Left/Zag Right	Pink	Bobcat Trail		
Stay Right	Pink	Marincello Trail		
Turn Right	Pink	Tennessee Valley Staging Area	4.0	26.8
Turn Left	Pink	Tennessee Valley Road		
Veer Left	Pink	Lower Tennessee Valley Trail		
Turn Left	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail		
Turn Left	Pink	Coastal Trail		
Stay Left	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail		
Turn Right	Pink	Coastal Trail Road		
Continue Straight	Pink	Lagoon Trail		
Turn Left	Pink	Rodeo Beach Picnic Area		
		Start: Rodeo Beach Picnic Area		

Miles: 30.8